



# Independent Living Services

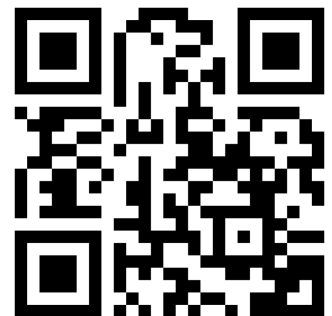


**PPCH's Independent Living (IL) Program empowers individuals to live in their own homes or apartments while receiving the support they need.**

Our staff provide drop-in assistance, helping each person maintain independence, build daily living skills, and stay connected to their community. The IL program ensures individuals can enjoy the privacy and freedom of their own homes while knowing reliable PPCH staff are there to help.

## We Provide:

- Scheduling and transportation for appointments
- Opportunities for community activities and social engagement
- Person-centered daily needs support
- Laundry and household cleaning
- Cooking and grocery shopping
- Medical management



## Contact

📞 303.424.6078

✉️ [residentialservices@parkerpch.com](mailto:residentialservices@parkerpch.com)

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