

PRN LIST OF MEDICATIONS

Client Name: _____

Date of Birth: _____

Constipation

Contact physician/nurse if no Bowel movement after 3 days or if no Bowel movement in 3 days that is accompanied by a distended abdomen and watery stool.

Colace 100mg: 1 tab by mouth 3 times a day if no bowel movement in 2 days.

Milk of Magnesia: 30ML by mouth at bedtime if no bowel movement in 3 days.

Cough with thin phlegm (mucus)/Sore Throat

Stop use and contact the physician/nurse if cough lasts more than 7 days or sore throat lasts more than 3 days

Robitussin Maximum Strength Cough+Chest Congestion DM (Dextromethorphan HBr 20 mg, Guaifenesin 400 mg): 20ML orally every 4 hours for temporarily relief of cough due to minor throat and bronchial irritation as may occur with a cold with thin mucus.

Cough drops throat lozenge (Cēpacol, Chloraseptic, Halls, Ricola, Robitussin, Vicks): Dissolve 1 lozenge slowly in the mouth for temporarily relief of cough due to a cold, occasional minor irritation or sore throat. Repeat every hour as needed.

Dry Eyes

Do not use and contact physician/nurse if eye has discharge, pain or is accompanied by blurred or abnormal vision

Natural Balance Tears (PF) 0.1 %-0.3 %.: Wash hands first. Place the dropper directly over the eye and squeeze out 2drops every 4 hours as needed to relieve dry, irritated eyes.

Minor Wounds/Cuts/Abrasions

Contact physician/nurse if swelling, redness, discharge, or pain is noted to the wound or abrasion

Neosporin: Cleanse the area with soap and water, then apply a thin film topically to minor wound/cut/abrasion twice daily as needed

Pain/Fever

Fever: Contact a doctor if oral temp is above 102 degrees Fahrenheit, lasts for more than 3 days, or gets worse. Pain: Contact a doctor or nurse if pain is >5 on the pain scale, or non- verbal cues such as crying out, moaning, writhing or severe changes in behavior not known to be related to external or medication factors. Pain scale is 1-10, with 10 being the greatest. non-verbal cues for pain include (ie: face grimacing, tense body language, moaning, increase in sleeping).

Ibuprofen 200mg: 2 tabs by mouth every 6 hours if oral temp is between 99.6 degrees-102 degrees F or complaints of minor-moderate pain with a pain scale report < 5.

Acetaminophen 500mg: 2 tabs by mouth every 6 hours if oral temp is between 99.6 degrees-102 degrees F or complaints of minor-moderate pain with a pain scale report < 5. Do Not to exceed 4 grams (4000mg) in 24hours.

Allergies

Stop use and contact a physician if needed or symptoms persist for more than 7 days in a row

Loratadine 10 mg: 1 tablet orally once a day for temporary relief of symptoms associated with upper respiratory allergies (e.g., runny nose, itchy, watery eyes, sneezing, itching of the nose/throat).

Heartburn, Sour Stomach, Acid Indigestion, Upset Stomach

Contact a medical professional immediately should symptoms be accompanied by arm or jaw pain, Shortness of breath, sweating, paleness, dizziness, chest pain or other unusual symptoms.

Tums(Calcium Carbonate USP 500mg) Chew 2 tablets up to 3 times daily as needed for Heartburn, SourStomach, Acid Indigestion, Upset Stomach.

Please add any over the counter medications and / or directions specific to this individual below

The orders included within the pages of this as needed list, with the exception of controlled substances, are approved for 365 days unless otherwise indicated by signing physician. By providing a signature on any one page of this physician's order, physician acknowledges that all medications within the pages of this physicians' order are to be refilled with orders good for 365 days.

Physician's Signature

Date

Please Print Name

MD Office Phone Number